



HURT TOGETHER HEAL TOGETHER

Supporting each other through faith transitions

NOW ACCEPTING NEW MEMBERS

This is an open, process-oriented, support group. Visit imfcounseling.com for more information and to register.

WHAT IS A FAITH TRANSITION?

- Were you "born into" a faith and you're just not sure it's for you anymore?
- Maybe you're practicing a faith that you've never understood or really even believed.
- Are there parts of your faith you find very meaningful and other parts you find confusing?
- Do you find yourself ending one chapter of your story and starting another, and are not sure where or if faith belongs?
- Have you been part of a faith base or spiritual organization that has been hurtful and maybe even abusive?
- Perhaps you've been taken advantage of by a faith leader - physically, sexually, emotionally, verbally, spiritually, or all-of-the-above.

THIS GROUP IS FOR YOU.

